

Date	04/28 Monday		04/29 Tuesday		04/30 Wednesday		05/01 Thursday		05/02 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main course 主葷菜	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	照燒肉絲	Teriyaki sliced pork	蒜泥白肉	Pork with garlic sauce	勞動節休假 International Workers' Day		香煎豬排	Fried pork steak
Main course for vegetarian 主素菜	碗豆豆干	Pea with bean curd	胡瓜木耳	Cucumber with black fungus	紅片花椰	Broccoli with carrot			番茄炒蛋	Fried eggs with tomato
Side dishes 1 副葷菜 1	薑絲鮮筍	Shredded Ginger Bamboo Shoots	麻婆豆腐	Spicy and hot bean curd	香 Q 滷蛋	Marinated eggs			家常豆腐	Home-style bean curd
Side dishes 2 副葷菜 2	洋蔥肉絲	Sliced pork with onion	開陽白菜	Chinese leaves with dried shrimp	芹香干絲	Parsley and dried bean curd noodle salad			小黃瓜肉絲	Cucumber with sliced pork
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens			青菜	Greens
Soup 湯	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs	馬鈴薯湯	Potato soup			蘿蔔排骨	Mooli soup with pork-ribs
Sweetmeats 甜湯	黑糖白木耳	White Fungus sweet soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup			綠豆湯	Mung bean soup
Staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles			飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit			水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main course 主葷菜	香煎豬排	Fried pork steak	香滷肉燥	Braised minced pork	香烤雞腿	Roasted chicken legs	勞動節休假 International Workers' Day		停止供應 Stop Serving	
Main course for vegetarian 主素菜	花椰雙拼	Broccoli & cauli flower	紅參炒蛋	Fried eggs with carrot sliced	大黃瓜木耳	Cucumber with black fungus				
Side dishes 1 副葷菜 1	海帶芽煎蛋	Sea weed and fried eggs	螞蟻上樹	Potato noodles with meat	什錦玉米	Corn Assorted Vegetables				
Side dishes 2 副葷菜 2	大頭菜香菇	Turnip with mushroom	薑絲絲瓜	Loofah with ginger	時蔬豆干	Vegetable with bean curd				
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens				
Soup 湯	柴魚豆腐湯	Dried bonito tofu soup	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs				
Staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles				
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit				