

Date	06/02 Monday		06/03 Tuesday		06/04 Wednesday		06/05 Thursday		06/06 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main course 主葷菜	照燒肉絲	Teriyaki sliced pork	香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce	香烤雞腿 (豬排)	Roasted chicken legs	獅子頭	Meat ball
Main course for vegetarian 主素菜	大白菜豆皮	Chinese cabbage and bean curd skin	豌豆豆干	Pea with bean curd	雪裡紅肉末	Potherb Mustard with Minced Pork	薑絲絲瓜	Loofah with ginger	花椰雙拼	Broccoli & cauli flower
Side dishes 1 副葷菜 1	蘿蔔干蔥蛋	Scrambled eggs with dried radish	海帶肉絲	Seaweed with sliced pork	番茄炒蛋	Fried eggs with tomato	香 Q 滷蛋	Marinated eggs	香菇蘿蔔	Mooli with mushroom
Side dishes 2 副葷菜 2	小黃瓜肉絲	Cucumber with sliced pork	開陽胡瓜	Cucumber with dried shrimp	塔香黃豆芽	Soybean sprout with basil sauce	洋蔥肉絲	Sliced pork with onion	芹香干絲	Parsley and dried bean curd noodle salad
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	酸辣湯	Hot and sour soup	馬鈴薯湯	Potato soup	蘿蔔排骨	Mooli soup with pork-ribs	海帶芽湯	Sea weed soup
Sweetmeats 甜湯	紅豆小燕麥	Red bean and oats soup	黑糖白木耳	White Fungus sweet soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
Staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main course 主葷菜	香煎豬排	Fried pork steak	香烤雞腿	Roasted chicken legs	香滷肉燥	Braised minced pork	客家小炒	Hakka stir-fried with squid	停止供應 Stop Serving	
Main course for vegetarian 主素菜	洋芋咖哩	Curry potato	紅片花椰	Broccoli with carrot	紅參炒蛋	Fried eggs with carrot sliced	大白菜金針 菇	Chinese cabbage with needle mushroom		
Side dishes 1 副葷菜 1	蒸蛋	Steamed egg	麻婆豆腐	Spicy and hot bean curd	螞蟻上樹	Potato noodles with meat	時蔬豆干	Vegetable with bean curd		
Side dishes 2 副葷菜 2	薑絲絲瓜	Loofah with ginger	大黃瓜鮮菇	Cucumber with mushroom	胡瓜木耳	Cucumber with black fungus	紅燒冬瓜	Stewed white ground		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs	玉米蛋花湯	Corn soup with eggs	冬瓜排骨	White ground soup with pork-ribs		
Staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		