

YZU Menu of Faculty Cafeteria

July 2-July 3

Date	06/30 Monday		07/01 Tuesday		07/02 Wednesday		07/03 Thursday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
main course 主荤菜	休假日 Holiday		休假日 Holiday		香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	香煎豬排	Fried pork steak
main course for vegetarian 主素菜					素炒鮮筍	Fried bamboo shoots	花椰雙拼	Broccoli & cauliflower
Seafood 海鮮					番茄炒蛋	Fried eggs with tomato	洋蔥肉絲	Sliced pork with onion
Side dishes 副菜					芹香干絲	Parsley and dried bean curd noodle salad	開陽胡瓜	Cucumber with dried shrimp
Vegetables 青菜					青菜	Greens	青菜	Greens
Soup 湯					蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs
Sweetmeats 甜湯					綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup
staple food 主食					飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles
Fruit 水果					水果	Fruit	水果	Fruit

Date	06/30 Monday		07/01 Tuesday		07/02 Wednesday		07/03 Thursday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
main course 主葷菜	休假日 Holiday		休假日 Holiday		香滷肉燥	Braised minced pork	客家小炒	Hakka stir-fried with squid
main course for vegetarian 主素菜					薑絲絲瓜	Loofah with ginger	大白菜豆皮	Chinese cabbage and bean curd skin
Seafood 海鮮					什錦玉米	Corn Assorted Vegetables	螞蟻上樹	Potato noodles with meat
Side dishes 副菜					紅參炒蛋	Fried eggs with carrot sliced	小黃瓜肉絲	Cucumber with sliced pork
Vegetables 青菜					青菜	Greens	青菜	Greens
Soup 湯					柴魚豆腐	Dried bonito tofu soup	蘿蔔排骨	Mooli soup with pork-ribs
staple food 主食					飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果					水果	Fruit	水果	Fruit