

Healthy, hygienic, satisfying.

# YZU Menu of Faculty Cafeteria

September 1- September 5

Date	09/01 Monday		09/02 Tuesday		09/03 Wednesday		09/04 Thursday		09/05 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜	香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	獅子頭	Meat ball	照燒肉絲	Teriyaki sliced pork
Main Vegetarian Dish 主素菜	花椰雙拼	Broccoli & cauli flower	塔香黃豆芽	Soybean sprout with basil sauce	素炒鮮筍	Fried bamboo shoots	豌豆豆干	Pea with bean curd	芹香干絲	Parsley and dried bean curd noodle salad
Meat Side Dish 1 副葷菜 1	蘿蔔干蔥蛋	Scrambled eggs with dried radish	香菇蘿蔔	Mooli with mushroom	香 Q 滷蛋	Marinated eggs	海帶芽蛋	Sea weed and egg	什錦玉米	Corn Assorted Vegetables
Meat Side Dish 2 副葷菜 2	洋蔥肉絲	Sliced pork with onion	小黃瓜肉絲	Cucumber with sliced pork	家常豆腐	Home-style bean curd	開陽白菜	Chinese leaves with dried shrimp	紅片花椰	Broccoli with carrot
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	馬鈴薯湯	Potato soup	蘿蔔排骨	Mooli soup with pork-ribs	柴魚豆腐湯	Dried bonito tofu soup	海帶芽湯	Sea weed soup
Sweet Soup 甜湯	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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Date	09/01 Monday		09/02 Tuesday		09/03 Wednesday		09/04 Thursday		09/05 Friday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香滷肉燥	Braised minced pork	香煎豬排	Fried pork steak	客家小炒	Hakka stir-fried with squid	香煎豬排	Fried pork steak	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	薑絲絲瓜	Loofah with ginger	洋芋咖哩	Curry potato	紅片花椰	Broccoli with carrot	紅燒冬瓜	Stewed white ground		
Meat Side Dish 1 副葷菜 1	什錦玉米	Corn Assorted Vegetables	蒸蛋	Steamed egg	螞蟻上樹	Potato noodles with meat	麻婆豆腐	Spicy and hot bean curd		
Meat Side Dish 2 副葷菜 2	開陽白菜	Chinese leaves with dried shrimp	時蔬豆干	Vegetable with bean curd	紅參炒蛋	Fried eggs with carrot sliced	小黃瓜肉絲	Cucumber with sliced pork		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	柴魚豆腐湯	Dried bonito tofu soup	海帶芽湯	Sea weed soup	玉米蛋花湯	Corn soup with eggs	蘿蔔排骨	Mooli soup with pork-ribs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		