

Healthy, hygienic, satisfying.

# YZU Menu of Faculty Cafeteria

September 8- September 12

Date	09/08 Monday		09/09 Tuesday		09/10 Wednesday		09/11 Thursday		09/12 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜	照燒肉絲	Teriyaki sliced pork	香煎豬排	Fried pork steak	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	蒜泥白肉	Pork with garlic sauce	獅子頭	Meat ball
Main Vegetarian Dish 主素菜	胡瓜木耳	Cucumber with black fungus	花椰雙拼	Broccoli & cauli flower	什錦玉米	Corn Assorted Vegetables	素炒鮮筍	Fried bamboo shoots	豌豆豆干	Pea with bean curd
Meat Side Dish 1 副葷菜 1	香菇蘿蔔	Mooli with mushroom	芹香干絲	Parsley and dried bean curd noodle salad	海帶雙絲	Seaweed with bean sprout and carrot	香 Q 滷蛋	Marinated eggs	蘿蔔干蔥蛋	Scrambled eggs with dried radish
Meat Side Dish 2 副葷菜 2	海帶芽蛋	Sea weed and egg	開陽白菜	Chinese leaves with dried shrimp	小黃瓜肉絲	Cucumber with sliced pork	洋蔥肉絲	Sliced pork with onion	塔香黃豆芽	Soybean sprout with basil sauce
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs	馬鈴薯湯	Potato soup	柴魚豆腐湯	Dried bonito tofu soup
Sweet Soup 甜湯	綠豆湯	Mung bean soup	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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Date	09/08 Monday		09/09 Tuesday		09/10 Wednesday		09/11 Thursday		09/12 Friday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香烤雞腿	Roasted chicken legs	香滷肉燥	Braised minced pork	照燒肉絲	Teriyaki sliced pork	香煎豬排	Fried pork steak	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	大黃瓜木耳	Cucumber with black fungus	紅參炒蛋	Fried eggs with carrot sliced	大白菜木耳	Chinese Cabbage with black fungus	花椰雙拼	Broccoli & cauli flower		
Meat Side Dish 1 副葷菜 1	時蔬豆干	Vegetable with bean curd	紅燒冬瓜	Stewed white ground	蒸蛋	Steamed egg	什錦玉米	Corn Assorted Vegetables		
Meat Side Dish 2 副葷菜 2	螞蟻上樹	Potato noodles with meat	麻婆豆腐	Spicy and hot bean curd	洋芋咖哩	Curry potato	小黃瓜肉絲	Cucumber with sliced pork		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	玉米蛋花湯	Corn soup with eggs	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		