

Healthy, hygienic, satisfying.

YZU Menu of Faculty Cafeteria

September 15- September 19

Date	09/15 Monday		09/16 Tuesday		09/17 Wednesday		09/18 Thursday		09/19 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	照燒肉絲	Teriyaki sliced pork	香煎豬排	Fried pork steak	獅子頭	Meat ball	蒜泥白肉	Pork with garlic sauce
Main Vegetarian Dish 主素菜	豌豆豆干	Pea with bean curd	大白菜木耳	Chinese Cabbage with black fungus	花椰雙拼	Broccoli & cauli flower	芹香干絲	Parsley and dried bean curd noodle salad	素炒鮮筍	Fried bamboo shoots
Meat Side Dish 1 副葷菜 1	什錦玉米	Corn Assorted Vegetables	蘿蔔干蔥蛋	Scrambled eggs with dried radish	洋蔥肉絲	Sliced pork with onion	香 Q 滷蛋	Marinated eggs	海帶芽蛋	Sea weed and egg
Meat Side Dish 2 副葷菜 2	小黃瓜肉絲	Cucumber with sliced pork	家常豆腐	Home-style bean curd	塔香黃豆芽	Soybean sprout with basil sauce	香菇蘿蔔	Mooli with mushroom	開陽胡瓜	Cucumber with dried shrimp
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs	海帶芽湯	Sea weed soup	柴魚豆腐湯	Dried bonito tofu soup	馬鈴薯湯	Potato soup
Sweet Soup 甜湯	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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Date	09/15 Monday		09/16 Tuesday		09/17 Wednesday		09/18 Thursday		09/19 Friday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香煎豬排	Fried pork steak	香烤雞腿	Roasted chicken legs	香滷肉燥	Braised minced pork	客家小炒	Hakka stir-fried with squid	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	花椰雙拼	Broccoli & cauli flower	大黃瓜金針菇	Cucumber with needle mushroom	紅參炒蛋	Fried eggs with carrot sliced	紅燒冬瓜	Stewed white ground		
Meat Side Dish 1 副葷菜 1	蒸蛋	Steamed egg	時蔬豆干	Vegetable with bean curd	螞蟻上樹	Potato noodles with meat	大白菜木耳	Chinese Cabbage with black fungus		
Meat Side Dish 2 副葷菜 2	洋芋咖哩	Curry potato	什錦玉米	Corn Assorted Vegetables	胡瓜木耳	Cucumber with black fungus	麻婆豆腐	Mapo Tofu		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs	玉米蛋花湯	Corn soup with eggs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		