

Healthy, hygienic, satisfying.

YZU Menu of Faculty Cafeteria

September 29- October 3

Date	09/29 Monday	09/30 Tuesday		10/01 Wednesday		10/02 Thursday		10/03 Friday	
	Teachers Day	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜		香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce	照燒肉絲	Teriyaki sliced pork	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)
Main Vegetarian Dish 主素菜		大白菜木耳	Chinese Cabbage with black fungus	素炒鮮筍	Fried bamboo shoots	芹香干絲	Parsley and dried bean curd noodle salad	花椰雙色	Broccoli & cauliflower
Meat Side Dish 1 副葷菜 1		素炒黃豆芽	Fried soybean sprout	香 Q 滷蛋	Marinated eggs	洋蔥肉絲	Sliced pork with onion	什錦玉米	Corn Assorted Vegetables
Meat Side Dish 2 副葷菜 2		小黃瓜雙拼	Cucumber Double Combo	豌豆豆干	Pea with bean curd	胡瓜木耳	Cucumber with black fungus	家常豆腐	Home-style bean curd
Vegetables 青菜		青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯		酸辣湯	Hot and sour soup	馬鈴薯湯	Potato soup	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs
Sweet Soup 甜湯		黑糖白木耳	White Fungus sweet soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
Side Dish 1 副食 1		飯 糙米飯 米粉	Rice Brown rice Rice Vermicelli	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Vermicelli	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2		水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	Teachers Day		香滷肉燥	Braised minced pork	香烤雞腿	Roasted chicken legs	香煎豬排	Fried pork steak	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜			紅參炒蛋	Fried eggs with carrot sliced	紅片花椰	Broccoli with carrot	海帶芽蛋	Sea weed and egg		
Meat Side Dish 1 副葷菜 1			時蔬豆干	Vegetable with bean curd	開陽白菜	Chinese leaves with dried shrimp	紅燒冬瓜	Stewed white ground		
Meat Side Dish 2 副葷菜 2			大黃瓜鮮菇	Cucumber with mushroom	洋芋咖哩	Curry potato	麻婆豆腐	Mapo Tofu		
Vegetables 青菜			青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯			冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	玉米蛋花湯	Corn soup with eggs		
Side Dish 1 副食 1			飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2			水果	Fruit	水果	Fruit	水果	Fruit		