

Healthy, hygienic, satisfying.

# YZU Menu of Faculty Cafeteria

October 6- October 10

Date	10/06 Monday	10/07 Tuesday		10/08 Wednesday		10/09 Thursday		10/10 Friday	
	Mid-Autumn Festival	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜		香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce	National Day	
Main Vegetarian Dish 主素菜		花椰雙拼	Broccoli & cauli flower	薑絲絲瓜	Loofah with ginger	素炒黃豆芽	Fried soybean sprout		
Meat Side Dish 1 副葷菜 1		芹香干絲	Parsley and dried bean curd noodle salad	螞蟻上樹	Potato noodles with meat	香 Q 滷蛋	Marinated eggs		
Meat Side Dish 2 副葷菜 2		什錦玉米	Corn Assorted Vegetables	洋蔥肉絲	Sliced pork with onion	小黃瓜肉絲	Cucumber with sliced pork		
Vegetables 青菜		青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯		蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs	馬鈴薯湯	Potato soup		
Sweet Soup 甜湯		紅豆小燕麥	Red bean and oats soup	黑糖白木耳	White Fungus sweet soup	綠豆湯	Mung bean soup		
Side Dish 1 副食 1		飯 糙米飯 米粉	Rice Brown rice Rice Vermicelli	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Vermicelli		
Side Dish 2 副食 2		水果	Fruit	水果	Fruit	水果	Fruit		

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Date	10/06 Monday		10/07 Tuesday		10/08 Wednesday		10/09 Thursday		10/10 Friday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	Mid-Autumn Festival		客家小炒	Hakka stir-fried with squid	香滷肉燥	Braised minced pork	香烤雞腿	Roasted chicken legs	National Day	
Main Vegetarian Dish 主素菜			紅燒冬瓜	Stewed white ground	紅參炒蛋	Fried eggs with carrot sliced	大黃瓜鮮菇	Cucumber with mushroom		
Meat Side Dish 1 副葷菜 1			蒸蛋	Steamed egg	胡瓜木耳	Cucumber with black fungus	海帶芽蛋	Sea weed and egg		
Meat Side Dish 2 副葷菜 2			開陽白菜	Chinese leaves with dried shrimp	時蔬豆干	Vegetable with bean curd	紅片花椰	Broccoli with carrot		
Vegetables 青菜			青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯			玉米蛋花湯	Corn soup with eggs	海帶芽湯	Sea weed soup	冬瓜排骨	White ground soup with pork-ribs		
Side Dish 1 副食 1			飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2			水果	Fruit	水果	Fruit	水果	Fruit		