

Healthy, hygienic, satisfying.

YZU Menu of Faculty Cafeteria

Oct. 13- Oct. 17

Date	10/13 Monday		10/14 Tuesday		10/15 Wednesday		10/16 Thursday		10/17 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜	獅子頭	Meat ball	照燒肉絲	Teriyaki sliced pork	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce
Main Vegetarian Dish 主素菜	大白菜豆皮	Chinese cabbage and bean curd skin	胡瓜木耳	Cucumber with black fungus	花椰雙拼	Broccoli & cauli flower	豌豆雙拼	Pea with bean curd	素炒鮮筍	Fried bamboo shoots
Meat Side Dish 1 副葷菜 1	蘿蔔干蔥蛋	Scrambled eggs with dried radish	塔香黃豆芽	Soybean sprout with basil sauce	素炒黃豆芽	Fried soybean sprout	什錦玉米	Corn Assorted Vegetables	香 Q 滷蛋	Marinated eggs
Meat Side Dish 2 副葷菜 2	小黃瓜肉絲	Cucumber with sliced pork	海帶雙絲	Seaweed with bean sprout and carrot	香菇蘿蔔	Mooli with mushroom	洋蔥肉絲	Sliced pork with onion	芹香干絲	Parsley and dried bean curd noodle salad
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	柴魚豆腐湯	Dried bonito tofu soup	海帶芽湯	Sea weed soup	馬鈴薯湯	Potato soup
Sweet Soup 甜湯	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香烤雞腿	Roasted chicken legs	香煎豬排	Fried pork steak	客家小炒	Hakka stir-fried with squid	香滷肉燥	Braised minced pork	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	紅片花椰	Broccoli with carrot	時蔬豆干	Vegetable with bean curd	紅燒冬瓜	Stewed white ground	紅參炒蛋	Fried eggs with carrot sliced		
Meat Side Dish 1 副葷菜 1	螞蟻上樹	Potato noodles with meat	薑絲絲瓜	Loofah with ginger	洋芋咖哩	Curry potato	開陽白菜	Chinese leaves with dried shrimp		
Meat Side Dish 2 副葷菜 2	蒸蛋	Steamed egg	什錦玉米	Corn Assorted Vegetables	海帶芽蛋	Sea weed and egg	胡瓜木耳	Cucumber with black fungus		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	玉米蛋花湯	Corn soup with eggs	冬瓜排骨	White ground soup with pork-ribs	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		