

Healthy, hygienic, satisfying.

YZU Menu of Faculty Cafeteria

Nov 17 - Nov 21

Date	11/17 Monday		11/18 Tuesday		11/19 Wednesday		11/20 Thursday		11/21 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主葷菜	照燒肉絲	Teriyaki sliced pork	蒜泥白肉	Pork with garlic sauce	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	獅子頭	Meat ball	香煎豬排	Fried pork steak
Main Vegetarian Dish 主素菜	香菇蘿蔔	Mooli with mushroom	豌豆豆干	Pea with bean curd	紅片花椰	Broccoli with carrot	家常豆腐	Home-style bean curd	胡瓜木耳	Cucumber with black fungus
Meat Side Dish 1 副葷菜 1	什錦玉米	Corn Assorted Vegetables	香 Q 滷蛋	Marinated eggs	洋蔥肉絲	Sliced pork with onion	蒸蛋	Steamed egg	雪裡紅肉末	Potherb Mustard with Minced Pork
Meat Side Dish 2 副葷菜 2	海帶芽蛋	Sea weed and egg	小黃瓜肉絲	Cucumber with sliced pork	麻婆豆腐	Mapo Tofu	開陽白菜	Chinese leaves with dried shrimp	素炒黃豆芽	Fried soybean sprout
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	酸辣湯	Hot and sour soup	馬鈴薯湯	Potato soup	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	海帶芽湯	Sea weed soup
Sweet Soup 甜湯	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香煎豬排	Fried pork steak	香滷肉燥	Braised minced pork	客家小炒	Hakka stir-fried with squid	香烤雞腿	Roasted chicken legs	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	紅片花椰	Broccoli with carrot	大黃瓜木耳	Cucumber with black fungus	時蔬豆干	Vegetable with bean curd	芹香干絲	Parsley and dried bean curd noodle salad		
Meat Side Dish 1 副葷菜 1	大白菜豆皮	Chinese cabbage and bean curd skin	紅參炒蛋	Fried eggs with carrot sliced	什錦玉米	Corn Assorted Vegetables	螞蟻上樹	Potato noodles with meat		
Meat Side Dish 2 副葷菜 2	胡瓜木耳	Cucumber with black fungus	洋芋咖哩	Curry potato	紅燒冬瓜	Stewed white ground	薑絲絲瓜	Loofah with ginger		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	蘿蔔排骨	Corn soup with eggs	玉米蛋花湯	Corn soup with eggs	海帶芽湯	Sea weed soup	冬瓜排骨	White ground soup with pork-ribs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		