

Healthy, hygienic, satisfying.

YZU Menu of Faculty Cafeteria

Nov 24 - Nov 28

Date	11/24 Monday		11/25 Tuesday		11/26 Wednesday		11/27 Thursday		11/28 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
Main Meat Dish 主荤菜	香煎豬排	Fried pork steak	照燒肉絲	Teriyaki sliced pork	蒜泥白肉	Pork with garlic sauce	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	獅子頭	Meat ball
Main Vegetarian Dish 主素菜	小黃瓜雙拼	Cucumber Double Combo	胡瓜木耳	Cucumber with black fungus	筍白筍雙拼	Water bamboo with carrot and bean curd	紅片花椰	Broccoli with carrot	芹香干絲	Parsley and dried bean curd noodle salad
Meat Side Dish 1 副荤菜 1	蘿蔔干蔥蛋	Scrambled eggs with dried radish	素炒黃豆芽	Fried soybean sprout	香 Q 滷蛋	Marinated eggs	什錦玉米	Corn Assorted Vegetables	海帶芽蛋	Sea weed and egg
Meat Side Dish 2 副荤菜 2	洋蔥肉絲	Sliced pork with onion	海帶雙絲	Seaweed with bean sprout and carrot	香菇蘿蔔	Mooli with mushroom	雪裡紅肉末	Potherb Mustard with Minced Pork	開陽白菜	Chinese leaves with dried shrimp
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	馬鈴薯湯	Potato soup	海帶芽湯	Sea weed soup	柴魚豆腐湯	Dried bonito tofu soup
Sweet Soup 甜湯	綠豆湯	Mung bean soup	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
Main Meat Dish 主葷菜	香烤雞腿	Roasted chicken legs	香煎豬排	Fried pork steak	香滷肉燥	Braised minced pork	客家小炒	Hakka stir-fried with squid	停止供應 Stop Serving	
Main Vegetarian Dish 主素菜	大黃瓜木耳	Cucumber with black fungus	花椰雙拼	Broccoli & cauli flower	紅參炒蛋	Fried eggs with carrot sliced	時蔬豆干	Vegetable with bean curd		
Meat Side Dish 1 副葷菜 1	螞蟻上樹	Potato noodles with meat	什錦玉米	Corn Assorted Vegetables	麻婆豆腐	Mapo Tofu	洋芋咖哩	Curry potato		
Meat Side Dish 2 副葷菜 2	蒸蛋	Steamed egg	大白菜豆皮	Chinese cabbage and bean curd skin	薑絲絲瓜	Loofah with ginger	紅燒冬瓜	Stewed white ground		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	海帶芽湯	Sea weed soup	冬瓜排骨	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	玉米蛋花湯	Corn soup with eggs		
Side Dish 1 副食 1	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Side Dish 2 副食 2	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		