Date	12/22 Monday		12/23 Tuesday		12/24 Wednesday		12/25 Thursday		12/26 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
main course 主葷菜	獅子頭	Meat ball	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	蒜泥白肉	蒜泥白肉	- Constitution Day		香煎豬排	Fried pork steak
main course for vegetarian 主素菜	海帶芽蛋	Sea weed and egg	豌豆雙拼	Bean curd with mushroom	紅片花椰	Broccoli with carrot			馬鈴薯咖哩	Curry potato
Seafood 海鮮	什錦玉米	Corn Assorted Vegetables	香菇大頭菜	Turnip with mushroom	香Q滷蛋	Marinated eggs			雪菜肉末	Potherb Mustard with Minced Pork
Side dishes 副菜	小黄瓜肉絲	Cucumber with sliced pork	海帶雙絲	Seaweed with bean sprout and carrot	洋蔥肉絲	Sliced pork with onion			開陽白菜	Chinese leaves with dried shrimp
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens			青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	酸辣湯	Hot and sour soup	馬鈴薯湯	Potato soup			蘿蔔排骨	Mooli soup with pork-ribs
Sweetmeats 甜湯	綠豆湯	Mung bean soup	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup			綠豆湯	Mung bean soup
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles			飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit			水果	Fruit

Date	12/22 Monday		12/23 Tuesday		12/24 Wednesday		12/25 Thursday		12/26 Friday		
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	
main course 主葷菜	客家小炒	Hakka stir-fried with squid	香煎豬排	Fried pork steak	香烤雞腿	Roasted chicken legs					
main course for vegetarian 主素菜	花椰雙拼	Broccoli & cauli flower	大黄瓜木耳	Cucumber with black fungus	紅參炒蛋	Fried eggs with carrot sliced					
Seafood 海鮮	芹香干絲	Parsley and dried bean curd noodle salad	麻婆豆腐	Mapo Tofu	薑絲絲瓜	Loofah with ginger					
Side dishes 副菜	開陽胡瓜	Cucumber with dried shrimp	螞蟻上樹	Potato noodles with meat	時蔬豆干	Vegetable with bean curd	Constitu	tion Day	停止供應 Stop Serving		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens					
Soup 湯	蘿蔔排骨	Mooli soup with pork-ribs	海带芽湯	Sea weed soup	冬瓜排骨	White ground soup with pork-ribs					
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles					
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit					