

Date	1/12 Monday		1/13 Tuesday		1/14 Wednesday		1/15 Thursday		1/16 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
main course 主葷菜	獅子頭	Meat ball	照燒肉絲	Teriyaki sliced pork	蒜泥白肉	Pork with garlic sauce	香煎豬排	Fried pork steak	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)
main course for vegetarian 主素菜	花椰雙拼	Broccoli & cauli flower	番茄炒蛋	Fried eggs with tomato	大頭菜香菇	Turnip with mushroom	素炒黃豆芽	Fried soybean sprout	豌豆豆干	Pea with bean curd
Side dishes 副菜	什錦玉米	Corn Assorted Vegetables	開陽白菜	Chinese leaves with dried shrimp	開陽白菜	Chinese leaves with dried shrimp	香 Q 滷蛋	Marinated eggs	雪菜肉末	Potherb Mustard with Minced Pork
Side dishes 副菜	家常豆腐	Home-style bean curd	芹香干絲	Parsley and dried bean curd noodle salad	蒸蛋	Steamed egg	小黃瓜雙拼	Cucumber Double Combo	洋蔥肉絲	Sliced pork with onion
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	柴魚豆腐湯	Dried bonito tofu soup	馬鈴薯湯	Potato soup	海帶芽湯	Sea weed soup	蘿蔔排骨	Mooli soup with pork-ribs
Sweetmeats 甜湯	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
main course 主葷菜	香烤雞腿	Roasted chicken legs	香煎豬排	Fried pork steak	元智大學尾牙 Yuan Ze University Year-End Party		香滷肉燥	Braised minced pork	Stop Serving	
main course for vegetarian 主素菜	紅參炒蛋	Fried eggs with carrot sliced	薑絲絲瓜	Loofah with ginger			花椰紅片	Broccoli with carrot		
Side dishes 副菜	螞蟻上樹	Potato noodles with meat	洋芋咖哩	Curry potato			香菇大頭菜	Turnip with mushroom		
Side dishes 副菜	紅燒冬瓜	Stewed white ground	時蔬豆干	Vegetable with bean curd			大黃瓜鮮菇	Cucumber with mushroom		
Vegetables 青菜	青菜	Greens	青菜	Greens			青菜	Greens		
Soup 湯	蘿蔔排骨	Mooli soup with pork-ribs	冬瓜排骨	White ground soup with pork-ribs			玉米蛋花湯	Corn soup with eggs		
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles			飯 糙米飯 麵	Rice Brown rice Noodles		
Fruit 水果	水果	Fruit	水果	Fruit			水果	Fruit		