

# YZU Menu of Faculty Cafeteria

Mar. 9 –Mar. 13

Date	3/9 Monday		3/10 Tuesday		3/11 Wednesday		3/12 Thursday		3/13 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
main course 主葷菜	香煎豬排	Fried pork steak	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	照燒肉絲	Teriyaki sliced pork	蒜泥白肉	Pork with garlic sauce	獅子頭	Meat ball
main course for vegetarian 主素菜	芹香干絲	Parsley and dried bean curd noodle salad	大頭菜香菇	Turnip with mushroom	花椰雙拼	Broccoli & cauli flower	番茄炒蛋	Fried eggs with tomato	豌豆豆干	Pea with bean curd
Side dishes 副菜	雪菜肉末	Potherb Mustard with Minced Pork	開陽白菜	Chinese leaves with dried shrimp	香Q滷蛋	Marinated eggs	素炒黃豆芽	Fried soybean sprout	海帶芽蛋	Sea weed and egg
Side dishes 副菜	蘿蔔燜肉	Pork stew with mooli	洋蔥肉絲	Sliced pork with onion	家常豆腐	Home-style bean curd	小黃瓜肉絲	Cucumber with sliced pork	什錦玉米	Corn Assorted Vegetables
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	髮菜豆腐湯	Laver bean curd soup	海帶芽湯	Sea weed soup	冬瓜排骨	White ground soup with pork-ribs	馬鈴薯湯	Potato soup	蘿蔔排骨	Mooli soup with pork-ribs
Sweetmeats 甜湯	黑糖白木耳	White Fungus sweet soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

Date	3/9 Monday		3/10 Tuesday		3/11 Wednesday		3/12 Thursday		3/13 Friday	
	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
main course 主葷菜	客家小炒	Hakka stir-fried with squid	香滷肉燥	Braised minced pork	香烤雞腿	Roasted chicken legs	香煎豬排	Fried pork steak	Stop Serving	
main course for vegetarian 主素菜	時蔬豆干	Vegetable with bean curd	紅燒冬瓜	Stewed white ground	蒸蛋	Steamed egg	花椰紅片	Broccoli with carrot		
Side dishes 副菜	洋芋咖哩	Curry potato	螞蟻上樹	Potato noodles with meat	大黃瓜木耳	Cucumber with black fungus	薑絲絲瓜	Loofah with ginger		
Side dishes 副菜	小黃瓜肉絲	Cucumber with sliced pork	紅蘿蔔蛋	Scrambled Eggs with Carrots	開陽白菜	Chinese leaves with dried shrimp	麻婆豆腐	Spicy and hot bean curd		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	冬瓜排骨湯	White ground soup with pork-ribs	蘿蔔排骨	Mooli soup with pork-ribs	海帶芽湯	Sea weed soup	玉米蛋花湯	Corn soup with eggs		
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		