

Date	5/25 Monday		5/26 Tuesday		5/27 Wednesday		5/28 Thursday		5/29 Friday	
	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch	午餐	Lunch
main course 主葷菜	香烤雞腿 (豬排)	Roasted chicken legs (pork steak)	獅子頭	Meat ball	照燒肉絲	Teriyaki sliced pork	香煎豬排	Fried pork steak	蒜泥白肉	Pork with garlic sauce
main course for vegetarian 主素菜	大白菜木耳	Chinese Cabbage with black fungus	豌豆豆干	Pea with bean curd	素炒黃豆芽	Fried soybean sprout	胡瓜木耳	Cucumber with black fungus	紅片花椰	Broccoli with carrot
Side dishes 副菜	什錦玉米	Corn Assorted Vegetables	香 Q 滷蛋	Marinated eggs	海帶芽蛋	Sea weed and egg	芹香干絲	Parsley and dried bean curd noodle salad	蒸蛋	Steamed egg with fish
Side dishes 副菜	海帶雙絲	Seaweed with bean sprout and carrot	小黃瓜肉絲	Cucumber with sliced pork	薑絲絲瓜	Loofah with ginger	客家筍絲	Hakka bamboo shoots	洋蔥肉絲	Sliced pork with onion
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens
Soup 湯	髮菜豆腐湯	Laver bean curd soup	蘿蔔排骨湯	Mooli soup with pork-ribs	冬瓜排骨湯	White ground soup with pork-ribs	海帶芽湯	Sea weed soup	馬鈴薯湯	Potato soup
Sweetmeats 甜湯	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup	紅豆小燕麥	Red bean and oats soup	綠豆湯	Mung bean soup
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 米粉	Rice Brown rice Rice noodles	飯 糙米飯 麵	Rice Brown rice Noodles
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit

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	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper	晚餐	Supper
main course 主葷菜	香滷肉燥	Braised minced pork	香煎豬排	Fried pork steak	香烤雞腿	Roasted chicken legs	客家小炒	Hakka stir-fried with squid	停止供應 Stop Serving	
main course for vegetarian 主素菜	紅參炒蛋	Fried eggs with carrot sliced	大黃瓜木耳	Cucumber and Wood Ear Mushroom	花椰紅片	Broccoli with carrot	薑絲絲瓜	Loofah with ginger		
Side dishes 副菜	時蔬豆干	Vegetable with bean curd	麻婆豆腐	Mapo Tofu	紅燒冬瓜	Stewed white ground	什錦玉米	Corn Assorted Vegetables		
Side dishes 副菜	開陽胡瓜	Cucumber with dried shrimp	洋芋咖哩	Curry potato	螞蟻上樹	Stir-fried Vermicelli with Minced Pork	大白菜豆皮	Chinese cabbage and bean curd skin		
Vegetables 青菜	青菜	Greens	青菜	Greens	青菜	Greens	青菜	Greens		
Soup 湯	冬瓜排骨	White ground soup with pork-ribs	海帶芽湯	Sea weed soup	柴魚豆腐湯	Bonito flake tofu soup	玉米蛋花湯	Corn soup with eggs		
staple food 主食	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles	飯 糙米飯 麵	Rice Brown rice Noodles		
Fruit 水果	水果	Fruit	水果	Fruit	水果	Fruit	水果	Fruit		