

# International Conference for Healthy Aging and Mental Wellbeing

Date: November 22-23, 2025

Venue: National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan

Day 1(11/22)		
Time	International Conference Hall	Room 2-3
9:30-10:00	Welcome Speech/Time for Photos	
10:00-11:00	<b>Keynote Speech 1</b> Prof. Mara Mather	
11:00-13:00	Oral and poster competition Lunch	
13:00-14:50	<b>Symposium A</b> Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia	<b>Symposium B</b> Strategy of aging to foster mental wellbeing
14:50-15:10	Break	
15:10-17:00	<b>Symposium C</b> Neuroscience of Aging: From Brain Function to Cognitive Resilience	<b>Symposium D</b> Healthy Aging and Psychological Wellbeing – Insights from Asian populations
17:30	Welcome Dinner Party (By Invitation Only)	
Day 2 (11/23)	<b>Keynote Speeches</b>	
9:30-10:00	Prof. Dilip V. Jeste	
10:00-10:30	Prof. Shu-Sen Chang (張書森)	
10:30-10:50	Q&A	
10:50-11:00	Break	
11:00-11:30	Prof. Diego de Leo	
11:30-12:00	Ministry of Social Affairs and Health of Finland	
12:00-12:20	Q & A	
12:20-12:40	Award and Closing Remark	

< Day 1: Sat. Nov.22 2025 >

International Conference Hall			
Time	Topic	Speaker	Moderators
9:30 – 10:00	Welcome Speech		
	Time for Photos		
Keynote speech (1)			
10:00-11:00	Affective neuroscience of aging and its potential role in Alzheimer’s disease.	<b>Prof. Mara Mather</b> Professor, University of Southern California, USA.	<b>Prof. Masahiro Akishita</b> (秋下雅弘) CEO & President, Tokyo Metropolitan Institute for Geriatrics and Gerontology, Japan.
11:00-13:00	Oral and poster competition Lunch		
Symposium A (Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia)			
13:00-14:50	Work conditions and psychological health: evidences from Healthy Aging Longitudinal Study in Taiwan.	<b>Dr. Wan-Ju Cheng (鄭婉汝)</b> Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.	<b>Prof. Rei Otsuka (大塚 礼)</b> Professor, National Center for Geriatrics and Gerontology, Japan.
	Gerotranscendence and psychological wellbeing in older adults: A cohort-based study on healthy aging in Korea.	<b>Dr. Min-Jeong AN</b> Professor, Chonnam National University College of Nursing, Korea.	
	Differential associations between physical frailty and aspects of well-being: Evidence from NILS-LSA.	<b>Dr. Yukiko Nishita</b> Associate professor, National Center for Geriatrics and Gerontology, Japan.	
14:50-15:10	Break		
Symposium C (Neuroscience of Aging: From Brain Function to Cognitive Resilience)			
15:10-17:00	Cognitive Interventions for Smart Ageing.	<b>Prof. Ryuta Kawashima</b> Professor, Tohoku University, Japan.	<b>Prof. Yu-Ling Chang (張玉玲)</b> Distinguished Professor, Department of Psychology, National Taiwan University, Taiwan.
	The title of my talk is "The Pivotal Role of Language in Aging: Cognitive Reserve and Resilience.	<b>Prof. James H-Y. Tai (戴浩一)</b> Director, Institute of Linguistics of National Chung Cheng University, Taiwan.	
	Integrating Brain Imaging and AI: Applications in Aging and Neurological Disorders.	<b>Dr. Juan Helen Zhou (On-Line)</b> Associate Professor, National University of Singapore, Singapore.	
17:30-	Welcome Dinner Party (By Invitation Only)		

< Day 1: Sat. Nov.22 2025 >

Room 2-3			
Time	Topic	Speaker	Moderators
9:30 – 11:00			
11:00-13:00	Oral and poster competition Lunch		
Symposium B (Strategy of aging to foster mental wellbeing)			
13:00-14:50	Challenges of a Super-Aged Society in Korea: Long-Term Care System and Mental Health.	<b>Prof. Yong-Kyun, Roh</b> Professor, Department of Family Medicine, Hallym University, Korea.	<b>Dr. Hsi-Wen Wu (吳希文)</b> Deputy Director-General, Department of Long-Term Care, MOHW, Taiwan.  <b>Prof. Yuan-Han Yang (楊淵韓)</b> Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.
	Japan's long-term care insurance system and Kaga City's community care.	<b>Ms. Kitaguchi Michiko</b> Director, Kaga City Citizens Health Department, Japan.	
	Innovative management of dementia in Taiwan.	<b>Prof. Yuan-Han Yang (楊淵韓)</b> Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.	
	Anti-amyloid antibody therapy in Kaga Medical Center.	<b>Prof. Naoki Shirasaki</b> Medical Doctor, Kaga Medical Center, Japan.	
14:50-15:10	Break		
Symposium D (Healthy Aging and Psychological Wellbeing – Insights from Asian populations)			
15:10-17:00	Linking psychological well-being to healthy ageing: insights from Hong Kong SAR China.	<b>Prof. Jean Woo</b> Professor, The Chinese University of Hong Kong, Hong Kong.	<b>Prof. Wee Shiong Lim</b> Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.
	Social Frailty: Emerging Evidence and Future Directions.	<b>Dr. Kenneth Yong</b> Associate Consultant, Department of Geriatric Medicine, Tan Tock Seng Hospital, Singapore, Singapore.	
	Psychosocial Frailty and Cognitive Impairment: Insights from the TIGER Study.	<b>Dr. Jen-Hau Chen (陳人豪)</b> Director, Department of Geriatrics and Gerontology, National Taiwan University Hospital Yunlin Branch, Taiwan.	
	Caring for persons living with dementia: Moving from burden and grief to mastery.	<b>Prof. Wee Shiong Lim</b> Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.	
17:30-	Welcome Dinner Party (By Invitation Only)		

< Day 2: Sun. Nov.23 2025 >

International Conference Hall			
Time	Topic	Speaker	Moderators
Keynote speeches			
9:30 – 10:00	Positive Aging, Wisdom, and Neuroplasticity of Aging.	<b>Prof. Dilip V. Jeste (On-Line)</b> Director, Global Research Network on Social Determinants of Mental Health and Exposomics, La Jolla, CA, USA.	<b>Prof. Wei J. Chen (陳為堅)</b> Vice President, National Health Research Institutes, Taiwan. <b>Dr. Tzung-Jeng Hwang (黃宗正)</b> Chief, Division of General and Geriatric Psychiatry, Department of Psychiatry, National Taiwan University Hospital, Taiwan.
10:00-10:30	Suicide in older people in Taiwan: recent trends, risk factors, and implications for prevention.	<b>Prof. Shu-Sen Chang (張書森)</b> Director, Institute of Health Behaviors and Community Sciences, College of Public Health, National Taiwan University, Taiwan.	
10:30-10:50	Q&A		
10:50–11:00	Break		
11:00-11:30	TBD	<b>Prof. Diego de Leo (On-Line)</b> Emeritus Professor of Psychiatry, Griffith University, Brisbane, Australia. (Top Italian Scientist in Neurosciences & Psychology)	<b>Prof. Zhen-Sheng Chen (陳正生)</b> Director, Division of Psychiatry, Kaohsiung Medical University Chung-Ho Hospital, Taiwan.
11:30-12:00		<b>TBC</b> Ministry of Social Affairs and Health of Finland	
12:00-12:20	Q&A		
12:20-12:40	Award and Closing Remark		